



APPLETREE CEU
CONTINUING EDUCATION COURSES

Bladder Management

TRANSFORMING INCONTINENCE TO INDEPENDENCE

AOTA American
Occupational Therapy
Association
Approved Provider

AppleTree CEU
14053 Memorial Dr #144,
Houston, TX 77079



JEFFREY DESPOMMIER
OTR, ATP, OMS, WCC, CUA
Founder / Principal Instructor



Upon successful completion of this course, attendees will learn how to evaluate and treat clients with urological disorders as well as gain invaluable tools to start bladder programs at their facility. The course will start by providing a comprehensive review of the anatomy and physiology as it relates to micturition control. This will provide a solid foundation for understanding why and how to treat clients with incontinence using a holistic approach. After learning evidence based treatments for all forms of incontinence, attendees will participate in a hands on lab learning skills including but not limited to: intermittent catheterization for male and female, male external catheter management and urostomy management.

Objectives

- Describe the physiology of micturition.
- Define and distinguish the 5 types of urinary incontinence.
- Describe at least 1 non-pharmacological treatment intervention for each type of incontinence.
- Describe at least 3 adaptive tools or assistive technology to increase independence with bladder management and appropriate use of each.
- Name the three categories of urinary catheters and verbalize clinical reasoning for selecting each type.





CEU / Credit Information

Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider - Provider #0000000033. This course qualifies for 6.5 contact hours or 0.65 AOTA CEUs. This course contains intermediate level content and is classified under both Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Requests - If you require ADA accommodations, please contact AppleTree CEU at least two weeks prior to the course so accommodations can be made.

Registered Nurses & Licensed Vocational Nurses: AppleTree CEU is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 8.0 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number LT0339-0924.

Disclosures – AppleTree CEU has no relevant financial relationships to disclose.

Course schedule

7:30 am. Registration	10:00-10:15. Break	1:00-1:45. Urinary catheters
8:00-8:30. Bladder Management Statistics	Treatment interventions	Indwelling
Impact on daily life	Surgical management	Condom
Interdisciplinary approach	11:00-12:00. Bladder Cancer	Intermittent
Therapy role	Statistics	Adaptive tools
8:30-9:00. Anatomy and physiology	Staging	Documentation and goals
Micturition control	Indiana pouch	Reimbursement guidelines
Male and female bladder	Ileal conduit	1:45-2:00. Break
Pelvic floor	Neobladder	2:00-4:00. Case studies and Lab
9:00-11:00. Urinary Incontinence	Treatment Interventions	(Hands-on lab only for live-in person)
Causes of incontinence	12:00-1:00. Lunch (on your own)	Intermittent catheterization
Types of incontinence		Condom catheter management
		Urostomy procedure

Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher and completion of evaluation form.





JEFFREY DESPOMMIER

OTR, ATP, OMS, WCC, CUA

Founder / Principal Instructor

Graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, Wound Care Certified, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010. He is the author of a published book titled Core Curriculum: Bowel, Bladder & Ostomy Management which is his latest contribution to the profession.

Register now

SINGLE REGISTRANT - \$299.00

CALL FOR GROUP RATES



832-683-5215



admin@appletreeceu.com



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Cancellation –

Requests for cancellation must be received in writing by mail ten (10) days prior to the course in order to receive a refund, minus a \$30.00 administrative charge. If the cancellation is made within ten days or less, refunds will not be granted.

If you register and do not attend, you are still responsible for payment. In cases of inclement weather where the course is conducted as scheduled but you are unable to attend, you may request a credit to a future course (which expires after one year). AppleTree CEU will not reimburse for incurred expenses related to travel or hotel in the event the course is cancelled by the provider.

If for any reason you are not satisfied with the course, please notify the instructor prior to the first morning break and receive a 100% refund.

SCAN AND REGISTER



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Karen Brady, MSN, APRN-CNP

Nursing Program Coordinator

Karen graduated from Duquesne University with a Bachelor of Nursing Degree. She spent the early part of her career working in a variety of clinical settings including the ICU, PACU and ambulator clinics. Karen began to work in the specialty of Colon and Rectal Surgery almost 25 years ago. Dedication to this patient population led her back to school to continue her education.

After graduating from Ursuline College with her Masters of Science in Nursing, Karen began work as a Nurse Practitioner for a busy Colon and Rectal Surgery service

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