



APPLETREE CEU
CONTINUING EDUCATION COURSES

Ostomy Management

TRANSFORMING INCONTINENCE TO INDEPENDENCE



AOA American
Occupational Therapy
Association
Approved Provider

AppleTree CEU
14053 Memorial Dr #144,
Houston, TX 77079



JEFFREY DESPOMMIER
OTR, OMS, CUA, ATP
FOUNDER / PRINCIPAL INSTRUCTOR



Upon successful completion of this course, attendees will learn how to evaluate and treat clients with an ostomy. The course will start by providing a comprehensive overview of the anatomy and physiology as it relates to the urinary and digestive system. This will provide a foundation for understanding why and how to treat clients with fecal and urinary diversions using a client-centered approach. Attendees will learn how to address common skin problems, pouching systems and therapeutic interventions for activities of daily living as it relates to ostomy care. This course is designed to prepare clinicians for the ostomy management specialist certification.

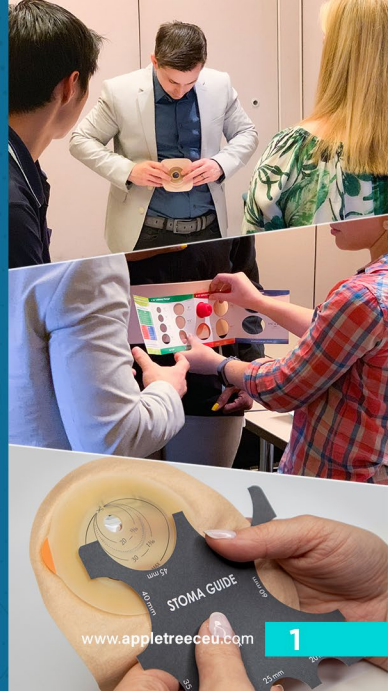


Objectives

- Articulate the role of the digestive and urinary system.
- Examine common causes of ostomy surgery.
- Explain continent and incontinent urinary and fecal diversions.
- Explain the different pouching systems and select the most appropriate system for each type of ostomy/stoma.
- Examine accessories used with stoma pouching systems and explain the indications for their use.
- Explain the common peristomal skin complications and select appropriate treatment interventions for protecting the skin.
- Explain stoma complications and treatment interventions to manage the difficult stoma.
- Implement occupation-based treatment interventions for each basic activity of daily living as it relates to ostomy care.
- Articulate the steps for colostomy irrigation and ileostomy irrigation.
- Articulate the basic care principles for enteral tubes.
- Explain the pouching principles for the pediatric population.
- Demonstrate all the steps for donning and doffing a 1-piece and 2-piece pouching system.
- Demonstrate the crusting technique for denuded skin.
- Demonstrate patient teaching for donning and doffing pouching system as well as basic skin care.
- Demonstrate patient teaching for ostomy care pre and post surgery.

Exam Eligibility

Before signing up for this course, please visit nawccb.org to make sure you meet the criteria to recertify with this course.





CEU / Credit Information

Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider of professional development. Course approval ID# 00792. This live or online course is offered at 20 contact hours or 2.00 CEUs (Intermediate level, Category of Domain of OT and Occupational Therapy Process). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Requests - If you require ADA accommodations, please contact AppleTree CEU at least two weeks prior to the course so accommodations can be made.

Registered Nurses & Licensed Vocational Nurses: AppleTree CEU is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 27.0 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number LT0339-0924.

Disclosures – AppleTree CEU has no relevant financial relationships to disclose.

Course schedule – Self Paced Proposed Schedule

Day 1 –

- 8:00-8:15. Ostomy intro
- 8:15-10:00. Anatomy and physiology
- 10:00-10:15. Break
- 10:15-12:00. Causes of Incontinence
Fecal & Urinary Diversions
- 12:00-1:00. Lunch (on your own)
- 1:00-4:00. Continent Diversions
Incontinent Diversions
Pre-op education
Stoma Siting
- 2:30-2:45. Break

Day 2 –

- 8:00-10:00. Stoma Assessment
Pouching systems & accessories
- 10:00-10:15. Break
- 10:15-12:00. Ostomy pouch change
Pouching difficult stomas
- 12:00-1:00. Lunch (on your own)
- 1:00-4:30. Pediatric ostomy
Skin complications
- 3:00-3:15. Break

Day 3 –

- 8:00-10:00. Tubes, Drains & Wounds
- 10:00-10:15. Break
- 10:15-12:00. Tracheostomy Care
Psychosocial effects
Patient education
- 12:00-1:00. Lunch (on your own)
- 1:00-4:30. Activities of Daily Living
Review
Practice Test
- 2:30-2:45. Break


Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher, read all assigned material and pre-course modules and completion of evaluation form.



 **JEFFREY DESPOMMIER**
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FOUNDER / PRINCIPAL INSTRUCTOR

Graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.

 **Register now**

SINGLE REGISTRANT - \$699.00

CALL FOR GROUP RATES



832-683-5215



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Cancellation –

Requests for cancellation for webinars offered in distance learning - independent formats must be received in writing within 24 hours of purchase. Requests will only be honored for attendees that have not advanced through the webinar more than 50 percent.

If the cancellation is made after attendee has viewed more than 50 percent of the course, refunds will not be granted. Requests received in writing prior to completing 50 percent of the course will receive a refund, minus a \$3.00 administrative charge.

If you register and do not attend, you are still responsible for payment. Provider has the right to cancel course offering at any time. If provider cancels, learner will receive 100% refund.

SCAN AND REGISTER





Karen Brady, MSN, APRN-CNP

Nursing Program Coordinator

Karen graduated from Duquesne University with a Bachelor of Nursing Degree. She spent the early part of her career working in a variety of clinical settings including the ICU, PACU and ambulator clinics. Karen began to work in the specialty of Colon and Rectal Surgery almost 25 years ago. Dedication to this patient population led her back to school to continue her education.

After graduating from Ursuline College with her Masters of Science in Nursing, Karen began work as a Nurse Practitioner for a busy Colon and Rectal Surgery service

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