



**APPLETREE CEU**  
CONTINUING EDUCATION COURSES

# Ostomy Management

TRANSFORMING INCONTINENCE TO INDEPENDENCE



Upon successful completion of this course, attendees will learn how to evaluate and treat clients with an ostomy. The course will start by providing a comprehensive overview of the anatomy and physiology as it relates to the urinary and digestive system. This will provide a foundation for understanding why and how to treat clients with fecal and urinary diversions using a client-centered approach. Attendees will learn how to address common skin problems, pouching systems and therapeutic interventions for activities of daily living as it relates to ostomy care. This course is designed to prepare clinicians for the ostomy management specialist certification.

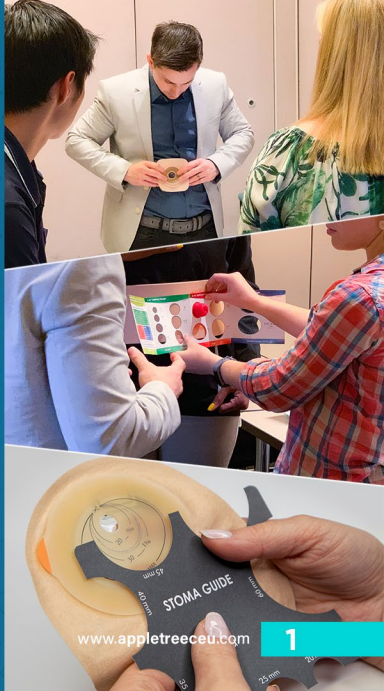


## Objectives

- Articulate the role of the digestive and urinary system.
- Examine common causes of ostomy surgery.
- Explain continent and incontinent urinary and fecal diversions.
- Explain the different pouching systems and select the most appropriate system for each type of ostomy/stoma.
- Examine accessories used with stoma pouching systems and explain the indications for their use.
- Explain the common peristomal skin complications and select appropriate treatment interventions for protecting the skin.
- Explain stoma complications and treatment interventions to manage the difficult stoma.
- Implement occupation-based treatment interventions for each basic activity of daily living as it relates to ostomy care.
- Articulate the steps for colostomy irrigation and ileostomy irrigation.
- Articulate the basic care principles for enteral tubes.
- Explain the pouching principles for the pediatric population.
- Demonstrate all the steps for donning and doffing a 1-piece and 2-piece pouching system.
- Demonstrate the crusting technique for denuded skin.
- Demonstrate patient teaching for donning and doffing pouching system as well as basic skin care.
- Demonstrate patient teaching for ostomy care pre and post surgery.

## Exam Eligibility

Before signing up for this course, please visit [nawccb.org](http://nawccb.org) to make sure you meet the criteria to sit for the OMS board certification exam.





## CEU / Credit Information

### Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider of professional development. Course approval ID# 00792. This live or online course is offered at 3.00 CEUs (Intermediate level, Category of Domain of OT and Occupational Therapy Process). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



**Requests - If you require ADA accommodations, please contact AppleTree CEU at least two weeks prior to the course so accommodations can be made.**

Disclosures –Mr. Despommier has no relevant financial relationships to disclose. The nurse planner is a paid speaker for Convatec. All relevant financial relationships have been mitigated.

## Course schedule

### Day 1 –

- 7:30 am. Registration
- 8:00-8:15. Ostomy intro
- 8:15-10:00. Anatomy and physiology
- 10:00-10:15. Break
- 10:15-12:00. Causes of Incontinence and Fecal & Urinary Diversions
- 12:00-1:00. Lunch (on your own)
- 1:00-4:00. Continent Diversions  
Incontinent Diversions  
Pre-op education  
Stoma Siting
- 2:30-2:45. Break

### Day 2 –

- 8:00-10:00. Stoma Assessment  
Pouching systems & accessories
- 10:00-10:15. Break
- 10:15-12:00. Ostomy pouch change  
Pouching difficult stomas
- 12:00-1:00. Lunch (on your own)
- 1:00-4:30. Pediatric ostomy  
Skin complications  
Lab
- 3:00-3:15. Break

### Day 3 –

- 8:00-10:00. Tubes, Drains & Wounds
- 10:00-10:15. Break
- 10:15-12:00. Tracheostomy Care  
Psychosocial effects  
Patient education
- 12:00-1:00. Lunch (on your own)
- 1:00-4:30. Activities of Daily Living  
Review  
Practice Test
- 2:30-2:45. Break

### Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher, read all assigned material and pre-course modules and completion of evaluation form.



## JEFFREY DESPOMMIER

**OTR, OMS, CUA, ATP**  
FOUNDER / PRINCIPAL INSTRUCTOR

Graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.

### Register now

SINGLE REGISTRANT - \$2,199.00

#### CALL FOR GROUP RATES



832-683-5215



admin@appletreeceu.com



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### Cancellation –

Requests for cancellation must be received in writing by mail ten (10) days prior to the course in order to receive a refund, minus a \$30.00 administrative charge. If the cancellation is made within ten days or less, refunds will not be granted.

If you register and do not attend, you are still responsible for payment. In cases of inclement weather where the course is conducted as scheduled but you are unable to attend, you may request a credit to a future course (which expires after one year). AppleTree CEU will not reimburse for incurred expenses related to travel or hotel in the event the course is cancelled by the provider.

If for any reason you are not satisfied with the course, please notify the instructor prior to the first morning break and receive a 100% refund.

SCAN AND REGISTER

