



**APPLETREE CEU**  
CONTINUING EDUCATION COURSES

# Ostomy Management

**BASIC CARE AND THERAPEUTIC INTERVENTIONS**

 American  
Occupational Therapy  
Association  
Approved Provider

AppleTree CEU  
14053 Memorial Dr #144,  
Houston, TX 77079



**JEFFREY DESPOMMIER**  
OTR, OMS, CUA, ATP  
FOUNDER / PRINCIPAL INSTRUCTOR



Upon successful completion of this course, attendees will learn how to evaluate and treat clients with an ostomy. The course will start by providing an overview of the anatomy and physiology as it relates to the urinary and digestive system. This will provide a foundation for understanding why and how to treat clients with fecal and urinary diversions using a client-centered approach. Attendees will learn how to address common skin problems, pouching systems and therapeutic interventions for activities of daily living as it relates to ostomy care.

## Objectives

- Identify the key structures and role of the digestive system.
- Compare and contrast continent and incontinent urinary and fecal diversions.
- Identify different pouching systems and select the most appropriate system for each type of ostomy/stoma.
- Identify common peristomal skin complications and appropriate treatment interventions for protecting the skin.
- Identify occupation-based treatment interventions for each basic activity of daily living as it relates to ostomy care.





## CEU / Credit Information

### Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider - Provider #0000000033. This course is approved for 1.0 contact hours or 0.10 AOTA CEUs - Course ID 00381. This course contains beginner level content and is classified under both Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

### Registered Nurses & Licensed Vocational Nurses:

AppleTree CEU, LLC is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4003249. This activity provides 1.0 contact hour of credit.

Disclosures – Mr. Despommier has no relevant financial relationships to disclose. The nurse planner is a paid speaker for Convatec. All relevant financial relationships have been mitigated.

## Course schedule

- 11:30 am. Registration
- 12:00-1:00. Ostomy intro
- Statistics
- Impact on daily life
- Interdisciplinary approach
- Therapy role
- Anatomy and physiology
- Urinary bladder
- GI tract and accessory organs
- Pelvic floor

- Ostomy surgery
- Fecal and urinary diversion
- Pouching systems
- Peristomal skin complications
- Therapeutic interventions

### Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher and completion of evaluation form.



## JEFFREY DESPOMMIER

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FOUNDER / PRINCIPAL INSTRUCTOR

Graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.

### Register now

SINGLE REGISTRANT - \$30.00

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832-683-5215



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### Cancellation –

Requests for cancellation must be received in writing by mail ten (10) days prior to the course in order to receive a refund, minus a \$30.00 administrative charge. If the cancellation is made within ten days or less, refunds will not be granted.

If you register and do not attend, you are still responsible for payment. In cases of inclement weather where the course is conducted as scheduled but you are unable to attend, you may request a credit to a future course (which expires after one year). AppleTree CEU will not reimburse for incurred expenses related to travel or hotel in the event the course is cancelled by the provider.

If for any reason you are not satisfied with the course, please notify the instructor prior to the first morning break and receive a 100% refund.

SCAN AND REGISTER

