



APPLETREE CEU
CONTINUING EDUCATION COURSES

Intermittent Catheterization For The Male Patient

TRANSFORMING INCONTINENCE TO INDEPENDENCE

AOA American
Occupational Therapy
Association
Approved Provider

AppleTree CEU
14053 Memorial Dr #144,
Houston, TX 77079



JEFFREY DESPOMMIER
OTR, OMS, CUA, ATP
FOUNDER / PRINCIPAL INSTRUCTOR



Upon successful completion of this course, attendees will learn all the techniques for maximizing safety and independence with intermittent catheterization for the male patient. The course will start by providing an overview of the anatomy and physiology as it relates to the urinary system. Attendees will learn about all the catheter types and clinical reasoning for each catheter. The course will cover both sterile and clean intermittent catheterization techniques as well as adaptive tools and strategies to increase their client's independence with bladder management.



Objectives

- Compare and contrast open and closed system catheters for male patients.
- Summarize the steps for intermittent catheterization using a coudé tip catheter.
- Summarize the steps for both clean and sterile intermittent catheterization for the male patient.
- Identify two modifications or assistive technology to assist male patients with decreased hand function learning to complete self intermittent catheterization.





CEU / Credit Information

Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider - Provider #0000000033. This course is approved for 1.0 contact hour or 0.10 AOTA CEUs - Course ID 03408. This course contains beginner level content and falls under categories of OT Service Delivery and Foundational Knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Registered Nurses & Licensed Vocational Nurses:

AppleTree CEU, LLC is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4003249. This activity provides 1.0 contact hour of credit.

Disclosures – Mr. Despommier has no relevant financial relationships to disclose. The nurse planner is a paid speaker for Convatec. All relevant financial relationships have been mitigated.

Course schedule

- 1:30 pm. Registration
- 1:00-2:00. Intermittent catheterization
 - Causes of urinary retention
 - Anatomy and physiology of urinary system
 - Interdisciplinary approach
 - Therapy role
- Catheter types
 - Straight tip catheters
 - Coude' tip catheters
 - Closed system catheters
- Self intermittent catheterization
 - Sterile and clean technique
 - Assistive technology/adaptive tools

Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher and completion of evaluation form.



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Graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.

Register now

SINGLE REGISTRANT - \$30.00

CALL FOR GROUP RATES



832-683-5215



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Cancellation –

Requests for cancellation must be received in writing by mail ten (10) days prior to the course in order to receive a refund, minus a \$30.00 administrative charge. If the cancellation is made within ten days or less, refunds will not be granted.

If you register and do not attend, you are still responsible for payment. In cases of inclement weather where the course is conducted as scheduled but you are unable to attend, you may request a credit to a future course (which expires after one year). AppleTree CEU will not reimburse for incurred expenses related to travel or hotel in the event the course is cancelled by the provider.

If for any reason you are not satisfied with the course, please notify the instructor prior to the first morning break and receive a 100% refund.

SCAN AND REGISTER

