



**APPLETREE CEU**  
CONTINUING EDUCATION COURSES

# Bladder Management

TRANSFORMING INCONTINENCE TO INDEPENDENCE



Upon successful completion of this course, attendees will learn how to evaluate and treat clients with urological disorders as well as gain invaluable tools to start bladder programs at their facility. The course will start by providing a comprehensive review of the anatomy and physiology as it relates to micturition control. This will provide a solid foundation for understanding why and how to treat clients with incontinence using a holistic approach. After learning evidence based treatments for all forms of incontinence, attendees will participate in a hands on lab learning skills including but not limited to: intermittent catheterization for male and female, male external catheter management and urostomy management.

## Objectives

- Describe the physiology of micturition.
- Define and distinguish the 5 types of urinary incontinence.
- Describe at least 1 non-pharmacological treatment intervention for each type of incontinence.
- Describe at least 3 adaptive tools or assistive technology to increase independence with bladder management and appropriate use of each.
- Name the three categories of urinary catheters and verbalize clinical reasoning for selecting each type.





## CEU / Credit Information

### Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider - Provider #0000000033. This course qualifies for 6.5 contact hours or 0.65 AOTA CEUs. This course contains intermediate level content and is classified under both Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

### Registered Nurses & Licensed Vocational Nurses:

AppleTree CEU, LLC is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4003249. This activity provides 6.5 contact hours of credit.

Disclosures – Mr. Despommier has no relevant financial relationships to disclose. The nurse planner is a paid speaker for Convatec. All relevant financial relationships have been mitigated.

## Course schedule

7:30 am.	Registration	10:00-10:15. Break	1:00-1:45.
8:00-8:30.	Bladder Management	Treatment interventions	Urinary catheters
	Statistics	Surgical management	Indwelling
	Impact on daily life		Condom
	Interdisciplinary approach	11:00-12:00. Bladder Cancer	Intermittent
	Therapy role	Statistics	Adaptive tools
8:30-9:00.	Anatomy and physiology	Staging	Documentation and goals
	Micturition control	Indiana pouch	Reimbursement guidelines
	Male and female bladder	Ileal conduit	1:45-2:00. Break
	Pelvic floor	Neobladder	2:00-4:00.
9:00-11:00.	Urinary Incontinence	Treatment Interventions	Case studies and Lab
	Causes of incontinence	12:00-1:00. Lunch (on your own)	(Hands-on lab only for live-in person)
	Types of incontinence		Intermittent catheterization
			Condom catheter management
			Urostomy procedure

### Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher and completion of evaluation form.



## **JEFFREY DESPOMMIER**

**OTR, OMS, CUA, ATP**  
FOUNDER / PRINCIPAL INSTRUCTOR

Graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.

### Register now

SINGLE REGISTRANT - \$299.00

#### CALL FOR GROUP RATES



832-683-5215



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### Cancellation –

Requests for cancellation must be received in writing by mail ten (10) days prior to the course in order to receive a refund, minus a \$30.00 administrative charge. If the cancellation is made within ten days or less, refunds will not be granted.

If you register and do not attend, you are still responsible for payment. In cases of inclement weather where the course is conducted as scheduled but you are unable to attend, you may request a credit to a future course (which expires after one year). AppleTree CEU will not reimburse for incurred expenses related to travel or hotel in the event the course is cancelled by the provider.

If for any reason you are not satisfied with the course, please notify the instructor prior to the first morning break and receive a 100% refund.

SCAN AND REGISTER



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