

PRINCIPAL INSTRUCTOR

Jeffrey Despommier, OTR, OMS, CUA, ATP graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.



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American
Occupational Therapy
Association

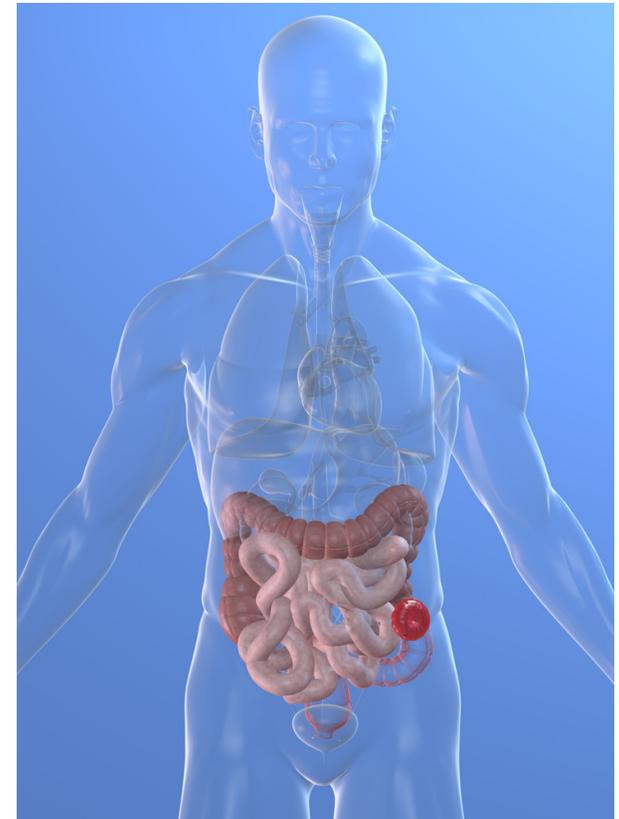
Approved Provider

If you require ADA accommodations, please contact AppleTreeCEU at least two weeks prior to the course so accommodations can be made.

Cancellation – Requests for cancellation must be received in writing by mail ten (10) days prior to the course in order to receive a refund, minus a \$30.00 administrative charge. If the cancellation is made within ten days or less, refunds will not be granted. If you register and do not attend, you are still responsible for payment. In cases of inclement weather where the course is conducted as scheduled but you are unable to attend, you may request a credit to a future course (which expires after one year). AppleTree CEU will not reimburse for incurred expenses related to travel or hotel in the event the course is cancelled by the provider. If for any reason you are not satisfied with the course, please notify the instructor prior to the first morning break and receive a 100% refund.

OSTOMY MANAGEMENT

TRANSFORMING INCONTINENCE TO
INDEPENDENCE



OT,OTA, RN, LVN - Continuing Education

Upon successful completion of this course, attendees will learn how to evaluate and treat clients with an ostomy. The course will start by providing a comprehensive overview of the anatomy and physiology as it relates to the urinary and digestive system. This will provide a foundation for understanding why and how to treat clients with fecal and urinary diversions using a client-centered approach. Attendees will learn how to address common skin problems, pouching systems and therapeutic interventions for activities of daily living as it relates to ostomy care. This course is designed to prepare clinicians for the ostomy management specialist certification.

OBJECTIVES

- Articulate the role of the digestive and urinary system.
- Examine common causes of ostomy surgery.
- Explain continent and incontinent urinary and fecal diversions.
- Explain the different pouching systems and select the most appropriate system for each type of ostomy/stoma.
- Examine accessories used with stoma pouching systems and explain the indications for their use.
- Explain the common peristomal skin complications and select appropriate treatment interventions for protecting the skin.
- Explain stoma complications and treatment interventions to manage the difficult stoma.
- Implement occupation-based treatment interventions for each basic activity of daily living as it relates to ostomy care.
- Articulate the steps for colostomy irrigation and ileostomy irrigation.
- Articulate the basic care principles for enteral tubes.
- Explain the pouching principles for the pediatric population.
- Demonstrate all the steps for donning and doffing a 1-piece and 2-piece pouching system.
- Demonstrate the crusting technique for denuded skin.
- Demonstrate patient teaching for donning and doffing pouching system as well as basic skin care.
- Demonstrate patient teaching for ostomy care pre and post surgery.

Exam Eligibility

Before signing up for this course, please visit nawccb.org to make sure you meet the criteria to sit for the OMS board certification exam.

CEU / CREDIT INFORMATION

Occupational Therapists & Occupational Therapy Assistants:

AppleTree CEU is an AOTA approved provider - Provider #0000000033. This course is approved for 20.0 contact hours or 2.0 AOTA CEUs - Course ID 00792. This course contains intermediate level content and is classified under both Domain of OT and Occupational Therapy Process.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Registered Nurses & Licensed Vocational Nurses:

AppleTree CEU, LLC is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4003249. This activity provides 20.0 contact hours of credit.

Disclosures –Mr. Despommier and the nurse planner responsible for planning and developing the education have no relevant financial relationships to disclose.

COURSE SCHEDULE

Day 1 -	
7:30 am	Registration
8:00-8:15	Ostomy intro
8:15-10:00	Anatomy and physiology
10:00-10:15	Break
10:15-12:00	Causes of Incontinence and Fecal & Urinary Diversions
12:00-1:00	Lunch (on your own)
1:00-4:00	Continent Diversions Incontinent Diversions Pre-op education Stoma Siting
2:30-2:45	Break
Day 2 -	
8:00-10:00	Stoma Assessment Pouching systems & accessories
10:00-10:15	Break
10:15-12:00	Ostomy pouch change Pouching difficult stomas
12:00-1:00	Lunch (on your own)
1:00-4:30	Pediatric ostomy Skin complications Lab
3:00-3:15	Break
Day 3 -	
8:00-10:00	Tubes, Drains & Wounds
10:00-10:15	Break
10:15-12:00	Tracheostomy Care Psychosocial effects Patient education
12:00-1:00	Lunch (on your own)
1:00-4:00	Activities of Daily Living Review Practice Test
2:30-2:45	Break

Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher and completion of evaluation form.



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CONTINUING EDUCATION COURSES